NCDP Special Topics: Transitioning Fencers from Beginner to Intermediate Levels: Foil

DATE/S OF THE CLINIC – July 26, 2025

COACH DEVELOPER/s

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LOCATION

Edge of America Fencing Club
7260 Rab Drive, North Charleston, SC, 29406
(803) 566 – 5151

PLACES TO STAY

Staybridge Suites Charleston-Ashley Phosphate by IHG (8 min drive)
7329 Mazyck Rd, North Charleston, SC 29406
www.ihg.com

Hyatt Place North Charleston (8 min drive)
2455 Prospect Dr, North Charleston, SC 29406
www.hyatt.com

CLINIC MEETING TIMES

Saturday: 8:30 AM-12;30 PM and 1:30 PM-5:30 PM

CONTINUING EDUCATION HOURS

8 hours

COST

No cost to participants. Sponsored by Edge of America Fencing Club.

EQUIPMENT NEEDED

Dry/Standard Fencing equipment appropriate for Foil. Coaching equipment. Everyone will act as a coach, so appropriate coaching gear is important. Safety will be stressed, so inappropriate gear will not be allowed. There is a very limited set of coaching gear for loan.

WORKSHOP DESCRIPTION

As fencers move from a "beginner" level to an "intermediate" level, their skills begin to encompass a better perception of distance, an enhanced understanding of timing, increased skill technical execution of actions, and a growing ability to merge all these into their game. However, this is not a straightforward or smooth path. Coaches need the skills to lead students through these transitions, encourage their skill development and make effective corrections. This clinic is designed for coaches to learn and practice the skills to teach intermediate fencers, especially moving from teaching beginners to instructing individuals and groups in higher-level skills. This clinic assumes a level of instruction at least equivalent to a USFCA Moniteur, and will focus on weapon-specific skills.

STUDENT-CENTERED LEARNING OUTCOMES

- Coaches will be able to explain different tactical initiatives and how they relate to tempo and timing.
- Coaches will be able to demonstrate how to conduct individual lessons in long distance, expanding from medium distance.
- Coaches will be able to give examples of and demonstrate skills to support teaching tactical choices and analysis.
- Coaches will be able to conduct a lesson using student-initiated actions.
- Coaches will be able to explain and demonstrate 2nd intention actions.
- Coaches will be able to demonstrate skills in teaching intermediate level skills in lessons and groups in classes / drills.

CLINIC DAILY SCHEDULE

Time	Activity
8:30 – 9:00	Introductions, Administrative tasks and explanations
9:30 – 10:00	Warm-ups and suiting up.
10:00 – 11:00	Explanation, demonstration and practice of initiative timings.
11:00 – 11:30	Break and discussion.
11:30- 12:30	Lessons and practice in lessons using long distance. How to initiate student reactions, or have students initiate actions.
12:30 – 1:30	Lunch
1:30 – 2:00	Warm-up, suiting up and discussion on tactics
2:00 – 3:30	Demonstrations and practice on tactical lessons from long distance. Working with single and multiple tempo actions. Working with 2nd intention.
3:30 – 4:00	Break and discussion.
4:00 – 5:00	Teaching these concepts and practices in groups. Creating drills to enforce good habits and skills.
5:00 – 5:30	Discussion, Q&A, follow-up, evaluations, etc.

DIVERSITY, INCLUSIVITY, AND ACCESSIBILITY STATEMENT:

The USFCA Coaches Academy is committed to diversity, inclusivity, and accessibility espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this Academy, students' learning needs will be addressed both in and out of class, and diversity that the students bring to this class be viewed as a resource, strength, and benefit. It is our intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities and will mitigate the effects of other disabilities that might present a barrier to attendees.