Title: Michel Sicard Epee Clinic

Instructor: Michel Sicard

Clinic Date: April 25-27, 2025

Clinic location: 42 Concord Lane, Cambridge Massachusetts

Contact phone number: 617-888-4536

Clinic description:

A common culture emerges within epee practice, a vision built around our understanding of performance, our scientific knowledge, our experiences, and the expertise accumulated through years spent in epee fencers or as coaches. Transmission of this culture of training shouldn't condition individuals towards close-mindedness or dogmatic zeal. On the contrary, epee culture should be open, empowering a fencer in his choices on the strip. Understanding how to transmit this culture is an incredibly complex endeavor. Nevertheless, it is essential to grasp the strategic, tactical and technical elements of high performance epee.

Student-centered learning outcomes:

The goal of this Clinic is to reflect on the transmission of performance culture in epee and to determine which skills are necessary to navigate the obstacles produced by an opponent.

Students in this clinic will be able to:

- Create a process to foster the conditions for the emergence of high performance in epee
- Describe the components of various combat situations in epee
- Apply the components of combat situations in epee into specific training sessions (footwork, individual lesson, group bouting)

Clinic schedule:

Day 1	**Friday April 25**	
	1:00 -1:15 pm	Introduction to the course
	1:15-2:00	The combat situation
	2:00- 3:30	Individual Lesson -The fundamentals
	3:30-3:45	Break
	3:45-5:15	Individual lesson-Training the combat situation
	5:15-5:30	Break
	5:30-7:00	Individual Lesson-Training the combat situation-Next- The Fundamentals
Day 2	**Saturday April 26**	
	9:00-10:30	The Match-Managing the ratio of power during a bout
	10:30-10:45	Break
	10:45-12:00	Preparation of the touch action
	12:00-1:30	Lunch Break
	1:30-3:00	The individual lesson training the combat situation
	3:00-3:15	Break
	3:15-6:00	The individual lesson-The fundamentals -Next
Day 3	**Sunday April 27**	
	9:00-10:00	The individual Lesson- The fundamentals - Next
	10:00-10:15	Break
	10:15-11:45	The individual lesson – Training the combat situation
	11:45-12:00	Conclusion of the course

Total number of hours: 17

The USFCA will use this number of hours as continuing education hours

Required:

Coaches are expected to attend the clinic fully equipped to give an individual lesson (coach jacket, mask, glove, weapons, etc)

Hotel Information:

Freepoint Hotel Cambridge (1 min walk to club)
220 Alewife Brook Pkwy.
Cambridge, MA 02138

Contact: Harley Chien, harley.chien@hhmhotels.com Tel: 617-588-6503

A Cambridge House Inn (25 min walk to club)
2218 Massachusetts Ave.
Cambridge, MA 02140

Contact: innach@comcast.net Tel: 617-491-6300

Inclusivity and Accessibility statement:

This clinic is committed to following the commitment to inclusivity and accessibility espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this course, students learning needs will be addressed both in and out of class, and diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities, and will mitigate the effects of other disabilities that might present a barrier to attendees.