



USFCA NCDP Level 2B & 3B (Defensive) In-Person Clinic Syllabus

1



US Fencing Coaches Association National Coaching Development Program Levels 2B and 3B (Defensive) In-Person Clinic Syllabus

Clinic Description

This NCDP Club Coach Development Clinic is for Level 2 (Assistant Moniteur candidates) and Level 3 (Moniteur candidates) in all weapons. This clinic covers the developmental principles and mechanics of instructing defensive and counter-offensive fencing actions utilizing the Explain, Demonstrate, Guide, Correct, Critique (EDGCC) process and is a component of a USFCA Level 2 & 3 Coaching Certification.

Weapon(s) Focus

x Epee x Foil x Sabre

Clinic Location

Pioneer Valley Fencing Academy (PVFA)
94 Cottage St.
Easthampton, MA 01027

Clinic Dates

October 21-22, 2023

Clinic Meeting Times (be specific)

Saturday October 21	8:00 am - Noon and 1:00 pm - 5:00 pm
Sunday October 22	8:00 am - Noon and 1:00 pm - 5:00 pm

Coach Developers(s)

Coach Developer	Certification/Level & Weapon Responsibility	Email
Paul Sise	Epee Maître de Fleuret (Foil), Maître d'Épée	paul.sise@pioneerfencing.com
John Krauss	Foil Maître de Fleuret (Foil), Maître d'Épée	desfcg@aol.com
David C. Brown	Prévôt d'Armes	dcb@wpi.edu



USFCA NCDP Level 2B & 3B (Defensive) In-Person Clinic Syllabus

2

Continuing Education Hours

This clinic gives 16 hours continuing education and is part of the USFCA NCDP Club Coach Development Program for Level 2 (Assistant Moniteur candidates) and Level 3 (Moniteur candidates).

Cost

Regular Price: \$400.

USFCA member discounted price: \$300

Equipment needed

Coaches-in-Training should bring full fencing equipment (jacket, knickers, plastron, mask, glove and weapon), general athletic training gear, a notebook, and writing tools.

Lodging Information

Quality Inn, 117 Conz St. Northampton, MA

Fairfield Inn 115A Conz St. Northampton, MA

Both hotels are a ten minute drive from the host club.

Syllabus Learning Objectives and Course Outline

Coach-in-Training will learn to:

- 1. Design and Implement simple Preparatory, Technical, Exchange, and Bouting Drills to teach foundational Defensive and Counter-offensive actions.**
- 2. Design and Implement simple individual lessons to teach foundational Defensive and Counter-offensive actions.**
- 3. Explain, Demonstrate, and Guide simple 1st intention actions within proper tactical context.**

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Syllabus

4. **Correct simple errors of mechanics and distance.**

Learning Objective Specifics

1. Design and Implement simple Preparatory, Technical, Exchange, and Bouting Drills to teach foundational Defensive and Counter-offensive actions.

	A group exercise where fencers are introduced to or review the positions and mechanics of actions being studied without a partner
	A paired exercise where one fencer focuses on the technical specifics of an action, repeated several times in succession
	A paired exercise with one fencer having an initiating action and the other a response. Both sides are attempting to score with their specific action, followed by immediately changing roles after each phrase d'armes.

are constrained by specific actions

A paired exercise to simulate bouting conditions where one or both fencers

2. Design and Implement simple individual lessons to teach foundational Defensive and Counter-offensive actions.

	A one-on-one interaction between coach and athlete with clear objectives and defined length where the coach is instructing the positions and mechanics of a specific action or closely related actions utilizing blocked and/or serial progressions, integrated with other appropriate skills and tactical context.
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3. Explain, Demonstrate, and Guide simple 1st intention actions within proper tactical context.



USFCA NCDP Level 2B & 3B (Defensive) In-Person Clinic Syllabus

4

	Explain, Demonstrate, and Guide movement at one tempo distance to make a simple 1st intention action.
	Demonstrate and Guide actions at the beginning or end of a tempo.
	Guide actions on the coach or training partner's initiation with occasional fencer controlled movement.
	Explain and Demonstrate fencing actions within their proper tactical context.

4. Correct simple errors of mechanics and distance.

Inclusivity and Accessibility statement:

This clinic is committed to following the commitment to inclusivity and accessibility espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this course, students' learning needs will be addressed both in and out of class, and diversity that the students bring to this class will be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities, and will mitigate the effects of other disabilities that might present a barrier to attendees.

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