Update 10/21/2025: The foil component is cancelled. There will be epee and saber

NCDP Core Clinic: Four Lesson Clinic

NCDP Levels: 2, 3, and 4

DATE: Saturday October 25th and Sunday 26th

COACH DEVELOPERS:

- Maitre Paul Sise (USFCA ID # 475)
- Prevot David Brown (USFCA ID # 184)
- Prevot David Brown

LOCATION

Pioneer Valley Fencing Academy
94 Cottage St.
Easthampton, MA 01027
(413) 204-6387

Host Coach

Paul Sise
paul.sise@pioneerfencing.com
(413) 204-6387

PLACES TO STAY

Hotel options with discount rate: Deadline October 3

https://groups.reservetravel.com/group.aspx?id=89686

CLINIC MEETING TIMES

Saturday Oct 25th

Doors open at 7:30 am. Arrive between 7:30 and 8:00. From 8:00 to 8:30 am is introductions, discussion, and warm up. Module 1 is from 8:30 am to 12:30 pm. Lunch from 12:30 till 1:30. Module 2 is from 1:30 to 5:30 pm.

Sunday Oct 26th

Doors open at 7:30 am. Arrive between 7:30 and 8:00. From 8:00 to 8:30am there is discussion and warm up. Module 3 is from 8:30 am to 12:30 pm. Lunch from 12:30 till 1:30. Module 4 is from 1:30 to 5:30pm.

CONTINUING EDUCATION HOURS

This clinic offers 16 hours of Continuing Education training.

COST

$300 USFCA members
$400 non-members
$100 for student fencers

EQUIPMENT NEEDED

This clinic includes the giving and taking of fencing lessons. Full fencing uniform or coaching equipment is required. Note that epee coaches should bring a leg and foot protector.

RECOMMENDED READING MATERIAL

A Basic Fencing Companion, 2023 by Paul Sise
FENCING ACTIONS—TERMINOLOGY, THEIR CLASSIFICATION AND APPLICATION IN COMPETITION by Zbigniew Czajkowski

WORKSHOP DESCRIPTION

Welcome to our Fall 2025 Clinic. By request, this clinic will be similar (but not identical to) last year's highly successful clinic. Join us and learn four lessons in your preferred weapon. We cover fundamentals such as warm-ups and how to construct lessons for fencers of varying skill levels. The lessons also include techniques and tactics that are often overlooked such as the flick in foil, toe touches in epee, and point-in-line in saber. Each module will include a formative assessment which can count toward earning USFCA certification.

Practical Exams

A maximum of four practical exams will be available. (Two on Saturday evening and two on Sunday evening.) They are available for Prevot in foil, epee, and saber and Master in foil and epee. Please contact Paul Sise to arrange for an exam.

STUDENT-CENTERED LEARNING OUTCOMES

CITS will learn the following:

- How to understand and teach the warm-up, main topic, and conclusion components of a lesson
- How to identify and construct lessons appropriate for fencers of different skill levels
- CITs at the Moniteur level will learn "coach-led" lesson giving skills
- CITs at the Prevot level will learn "student-led" lesson giving skills
- How to teach complete lessons that include the topics listed below on the clinic schedule

CLINIC DAILY SCHEDULE

Module 1

8:30am to 12:30pm Saturday Morning

Foil - Infighting

Epee – Infighting and riposte against the fleche

Saber - Direct, Indirect, and Compound Ripostes

Module 2

1:30pm to 5:30pm Saturday Afternoon

Foil - Foil Preparations and touches executed with the flick

Epee - The Lefty (or opposite handed) lesson

Saber - Using and Defeating Point in Line

Module 3

8:30am to 12:30pm Sunday Morning

Foil - Tactical Footwork

Epee – Technical lessons to increase hand speed, accuracy, and strength

Saber – Attacks and counterattacks to the opponent's arm

Module 4

1:30pm to 5:30pm Sunday Afternoon

Foil - Active Defense using a variety of skills.

Epee - The Hows and Whens of the Toe Touch

Saber - Active Defense using counter attacks and false counter attacks.

DIVERSITY, INCLUSIVITY, AND ACCESSIBILITY STATEMENT:

The USFCA Coaches Academy is committed to diversity, inclusivity, and accessibility

espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this Academy, students' learning needs will be addressed both in and out of class, and diversity that the students bring to this class be viewed as a resource, strength, and benefit. It is our intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities and will mitigate the effects of other disabilities that might present a barrier to attendees.