

COACHING CLINIC – THE ROLE OF THE MONITEUR AND THE ASSISTANT MONITEUR

KATY, TX – NOVEMBER 2022 | Presented by: Maitre D'Armes Evandro Duarte Oliveira

Clinic Title: The role of the Moniteur and the Assistant Moniteur

Organizer: Dragon Heart Fencing Academy

Course Level: Assistant Moniteur and Moniteur

Presenter: Maître d'Armes Evandro Duarte Oliveira

Clinic Date: November 19-20, 2022

Clinic Time: 9:00 – 6:00 Saturday and Sunday

Practical Examination: Sunday 4:00 pm

Location: Dragon Heart Fencing Academy @ 510 S Mason Rd Katy TX 77450

Telephone: 832-913.86.46

E-mail: info@dragonheartfencing.org

Hours: 14 hours

Cost: \$275 USFCA Member/ \$345 Non-Member

All payments to: Dragon Heart Fencing Academy

Registration: info@dragonheartfencing.org

To all applicants for Assistant Moniteur and Moniteur Examination:

- 1.- You must **take and pass** the online written USFCA Moniteur exam **before** you get to the clinic. Visit <https://usfca.org/index.php/certification/certification-exams> for detailed information.
- 2.- **Bring** proof of USFCA membership.
- 3.- **Bring** the email confirmation that you have passed the online exam
- 4.- **Bring** the confirmation that you have paid online, for the practical exam.
- 5.- You must **be SafeSport Certified**, if older than 18 years old.
- 6.- You must have a **current background check** in your profiles on the USA Fencing website, if older than 18 years old.
- 7.- No exam fees are to be paid to the clinic organizers. **It needs to be done online at the USFCA website.**

Inclusivity and Accessibility statement:

This clinic is committed to following the commitment to inclusivity and accessibility espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this course, students learning needs will be addressed both in and out of class, and diversity that the students bring to this class be viewed as a resource, strength and benefit. It is our intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities, and will mitigate the effects of other disabilities that might present a barrier to attendees.

PROGRAM

SATURDAY November 19, 2022

9:00 Introduction

9:30 The Moniteur and Assitant Moniteur

Supporting the work of the Head Coach

Duties and responsibilities

10:00 What is required to be a Moniteur and Assistant Moniteur?

Confidence and reliability

Ability to conduct a group

Understanding the logical sequence of the class

Put other's (your students) interests before yours, during the class

Respect for Inclusion and Diversity

11:00 What to know?

The three weapons.

Basic Rules and regulations (Table of penalties)

Equipment care and maintenance

Class Structure:

Presentation and Salutation

Warm Up

Main content

Cool down

Review and Conclusion

Demonstration of the Content:

Explanation

Guidance

Demonstration

Correction

12: 00 Lunch Break

1:00 Content of the lessons

How to explain, guide, demonstrate and correct:

- First intention actions in one tempo distance
- Developmental Footwork
- Direct and indirect defensive 1st intention blade control actions
- Changes in footwork size and speed to control distance in one tempo actions
- Offensive actions
- Defensive actions

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- Counterattacks
- Blade control actions
 - Engagement and change of engagement (6, 4, 7,8,and 2)
 - Hand position for blade control actions.

3:30 Build your own example and practice. (We will focus on Content and progression)

6:00 Saturday Session ends.

SUNDAY November 20, 2022

9:00

Concept of distance and tempo: practical exercises for the class.
Size and speed of footwork to keep distance control

11:30 Ethical aspect of the training session:

- Rapport Coach-Athlete
- Respect Coach -Athlete
- Body position and movement's correction.

12:30 Lunch Break

2:00 Practical lessons:

Explanation, demonstration and correction of
Basic attack and defense
Tactical use of the actions

4:00 Practical Moniteur and Assistant Moniteur Examination for applicants

7:00 Closing