



Title: **WFencing Summer Colloquium 2022**

Instructor/s: Jen Oldham, Jeff Kallio, Nat Goodhartz,
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Clinic description: Topics presented with an athlete-centered approach in order to support the development of athletes from beginner to national team. Format will be collaborative, hands-on, and involve lesson and information exchanges by participants. Bring full fencing and coaching gear.

Referee Seminar: Seminar will be Sunday 1-5pm and Monday/Wednesday 6:30-8:30pm. No additional fee to participate. You must attend all sessions to be qualified to take the exam.

Coaching Training: All levels of coaching expertise will work with the Olympic-style weapons foil, epee and saber.

Leadership Training: Theme: Finding Voice and Taking Action.

Armory: We have an armory on site and guest armorers from across NC.

USFCA Examinations: Can be taken throughout the week. Additional fees and registration through USFCA.

Students: Athletes in training will have ample opportunity for individual lessons and self-improvement with coaches from across the United States.

Process Groups: Discuss and learn from 'like-peers' in groups of 6-10 participants processing their role as a leader.

Student-centered outcomes:

- *Discuss and construct lessons that center on individual athlete goals*
- *Exchange ideas between coaches to inspire new perspectives*
- *USFCA professional certification for at least the moniteur or prevot levels*
- *Collaborate to develop new systems or presentations of tactics or technique*
- *Develop ideas for healthier club culture and athlete support*

Clinic schedule:

Day One Sunday 7/31: Getting Started.

- 1-5pm Referee Seminar.
- 5-6:30 Meet and Greet w/ food buy-in option for dinner.
- 6:30-7:30pm Lead Coach Introductions and introduction to your Process Group.

Daily General Schedule Monday - Friday.

- Morning Session: 9:00am - Noon
- Afternoon Session: 1:30 - 5:00ish
- Practice Sessions: 6:30 - 8:30pm (Monday and Wednesday Referee Seminar)

Day Two Monday 8/1: The Essentials.

- Commons Language in Fencing - Verbal and Non Verbal Queuing.
- Learning styles, training responses and the science behind training.
- Beginner Class Progressions.
- Video and in person review of beginner coach lessons. You will be asked to submit links before July 15th.
- Parafencing Basics

Day Three Tuesday 8/2: Competing.

- Technical Skills You Can't Miss in order to Build Champions.
- Structuring the Individual Lesson.
- Honoring Different Body Builds: How to be Athlete-centric yet be *Firm on Technique*.
- Modern challenges in American Fencing/Group Problem Solving.
- Intermediate Verbal and Non Verbal Queuing.

Day Four Wednesday 8/3: Referee + Coach + Parent.

- Advanced Coaching, Referee and Parenting Developmental/Role Plays.
- How can coaches and referees work together better?
- Video and in person review of advanced coach lessons. Use of video replay in coaching development.
- Coaching on the Spectrum: Autism, ADHD.

Day Five Thursday 8/4: Building A Team.

- Identifying different types of training groups. Can you develop a fencer only with group practices?
- Marketing and development of your Team.
- Supporting Veteran Fencers.
- Video and in person review of group lessons.
- Leading High Performance Teams and Navigating Group Dynamics.

Day Six Friday 8/5: Customized Group Training.

- The Leadership Core will develop content based on the needs of the group, what you want more of and Process Group activities/presentations.
- Individual lesson observations, practicing individual lessons and constructive feedback.
- Group celebration.

Day Seven 8/6 Saturday: Optional day for USFCA Coaching Certification testing.

Total number of instructional hours: 36

Textbook and materials: teaching equipment, fencing equipment, journal and video phone for personal video use.

Inclusivity and Accessibility statement:

This clinic is committed to following the commitment to inclusivity and accessibility espoused by the USFCA. Specifically, students from diverse backgrounds and perspectives will be welcomed and served by this course, students learning needs will be addressed both in and out of class, and diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Presentations will be accessible to individuals with mobility disabilities, and will mitigate the effects of other disabilities that might present a barrier to attendees.