Clinic	Session	Important Terminology	Topics/Skills
#1 Coaching basics, Preparations, Simple attacks, and Coaching Cues	1. Coaching Basics	Timing, Tempo, Initiative, Preparations, Redoublement, Fixing action, Fleche	Coach's body, blade positioning, footwork, blade cues, target presentation, correct student positioning, footwork progressions, redoublement Fleche attack
	2. Preparations and Simple attacks	Simple Attacks, Angulation, Fencing Lines, Engagement, Absence of Blade, Searches	Three Target Areas, Use of Engagements, Invitation vs. On Guard, Searches
	3. Coach Cues, Reactions, and Teaching Distances	Hand foot cues, Distance Cues, Timing Cues, Footwork Cues	Reactions returning the student to on guard, Six teaching distances, Cues with blade, hand, foot with varied speed, timing and footwork in motion
#2 The Defense, Counter-offense, and Coach initiative for fencing actions	4. Counter-attacks and Remise, Reprise	Types of Counter-Offensive: Counter-Attacks with opposition and interception, Stop hits, Dérobement, Remise, Reprise	Execution of Counter-Offensive with/without the blade, using a variety of footwork
	5. Defense: Simple and Compound Parry Ripostes	Types of Parries, Parry intensity, Compound Parries, Second Intention	Base parries vs. Secondary, Chained parry ripostes, Parries retreating, Defense to the remise/reprise
	6. Coach Initiative	Taking the Initiative, Fencing Distances	Coach initiated attack/defense/counter-offense actions with different distances
#3 Student initiative, Attacks on the Blade and Blade Takes	7. Student Initiative, One Tempo Attacks	Purposeful Mistakes for the coach	Advanced footwork, One tempo attack drill, Attack in preparation
	8. Attacks on the Blade (Attack au Fer)	Beats, Pressure, Deceivable and non-deceivable beats, Attacks on withdrawal of the hand	Three types of beats, Angulated hits, Footwork and hand coordination, Defense to the attacks
	9. Blade Takes (Prises de Fer)	Opposition, Envelopment, Croisé (Vertical Transfer), Lié (Diagonal Transfer)	Conditions needed for blade takes, Receiving the prise de fer, Ceding parries to defeat a blade take
#4 Speed in relation to Compound Attacks, Counter-attacks and Second Intention	10. Speed, Compound Attacks Timing, and Distance	Reaction Time, Necessary Speed, Interleaving, Compound attacks	Footwork for compound attacks/ripostes, Fleche attack, Changing and varying simple action, mechanical drills for compound attacks
	11. Compound Counter-attacks and Prises de Fer	1-2, Feint, Doublé, Compound Prises de Fer	Compound parries, Double Prises de Fer, Counter-attacks with change of direction parries
	12. In-fighting and Second Intention Actions	Counter time, Feint-in-tempo, False attack	Closing after a parry, Body position and fencing actions, Second intention actions, Defense to false attacks and counter-time

Clinic	Session	Important Terminology	Topics/Skills
#5 Lesson types, components, and how to construct a teaching lesson	13. Types of Lessons and Teaching Methods	Warm-up, Teaching, Option, and Bouting Lessons	Teaching methods for all lesson types, Blocked Exercises, Choice reactions, Coach/Student initiated
	14. Components of a Lesson	Periodization	Sequences of lesson actions, Mechanical actions, Warm-up start of a lesson, Variations in presentation, linking actions, Lessons for competition pool, DE
	15. Teaching Lessons: for the Offensive	Tactical Wheel, Five minute lesson	Steps to do teaching lessons – offense with varied footwork, tactically link actions
#6 Lessons to teach the defense, tactics of false attacks, and Options	16. Teaching Lessons: Defensive and False Attacks	Second Intention, False attacks	Integrating defensive actions into the Teaching lesson with footwork, False attacks and tactics
	17. Teaching Lessons: Counter-Attacks & Prises de Fer Simple & Compound	Croisé, simple and compound counter-attacks	Structure of Teaching lessons for simple counter-attacks, compound counter-attacks, prises de fer: croisé
	18. Option Lesson Components and Structure	Option lesson method defined	How and why to create a high level option lesson, Option reactions for the Coach
#7 Option Lessons on attack in the preparation, counter time, and high level actions	19. Option Lessons Attack in the preparation In-Fighting	Attack in the preparation Purposeful errors Forced errors, In-fighting	How to teach options for: attack in the preparation. Use varied footwork, distance and purposeful errors of coach and student, close combat situations
	20. Counter Time and its Defense	Counter-Time Feint-in-tempo	Counter-time attack/defense/continuation attacks lessons
	21. Option Lesson Advanced Level Remise Reprise	Remise Reprise, Target displacement (Evasions), double parries	Options for continuation of attack actions, defense for continuations, increase level of difficulty with varied actions, distances, footwork, and speed of execution
April 2022 Bonus Material	Demonstration lesson: • A fifteen (15) minute Sample Y14 Option Lesson on False Attacks Voice-over video analyses with applications to course topics: 1. WESTEND Grand Prix Women's Epee in Budapest, Hungary 2. Men's Epee World Cup in Heidenheim, Germany		